



Clifton Lodge Lunch Menu - Week 3 – W/C 19/1, 9/2, 9/3

Monday

Tuesday

Wednesday

Thursday

Friday



Pasta bake with Vegetables in Tomato & Basil Sauce

Cheesy Broccoli Mac Bake

Butternut Squash & Kale

Plain Yoghurt with Fruit Compote

Lemon and Herb Roast Chicken with Gravy

Chickpea & Roasted Vegetables in Coconut Sauce

Crushed New Potatoes, Sweetcorn & Peas

Baked Apple with Cream

Beef and Tomato Lasagna

Vegetable Lasagna

Roasted Carrots, Green Beans

Peach Crumble

Chicken and Seasonal Vegetables in Tomato Sauce

Mixed Bean & Root Vegetable Casserole

Rice, Spring Greens, Cauliflower

Blueberry Sponge

Cod Fish Fingers or Fish Cake

Cheddar & Roasted Pepper Frittata

Potato Wedges, Baked Beans Peas

Mixed Fruit Platter



Salad Bar available everyday

Also available daily: Freshly baked bread, fresh fruit, yoghurt.

