

# Weekly Menu

Week 3 Menu – W/C 5/5, 1/6, 22/6



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

*Tasty*  
**MAINS**

Summer Vegetable  
Pasta Bake

Lemon & Herb Roast  
Chicken

Sticky Chinese Five  
Spice Chicken

Chicken & Root  
Vegetable Ragu Sauce

Fish Fingers or Fish  
Cake

**VEGGIE**  
*Lovers*

Cheesy Broccoli &  
Cauliflower Bake

Chickpea & Roasted  
Vegetables in Coconut  
Sauce

Tofu Stir Fry with  
Vegetables

Mixed Bean & Root  
Vegetable Casserole

Cheddar & Roasted  
Pepper Frittata

*on the*  
**SIDE**

Butternut Squash  
Broccoli

Crushed Potatoes  
Sweetcorn & Peas

Rice  
Carrots  
Green Beans

Couscous  
Spring Green  
Roasted Cauliflower

Oven Chips  
Baked Beans & Peas

*yummy!*  
**PUDS**

Plain Yoghurt with Fruit  
Compote

Strawberry Jelly with  
Cream

Vanilla Ice Cream

Chocolate & Blueberry  
Sponge

Mixed Fruit Platter

**AVAILABLE  
EVERYDAY**

*Salad Bar*

Freshly hand  
prepared daily.

**FRESHLY  
BAKED BREAD**

**FRESH FRUITS  
& YOGHURTS**



For allergen & nutritional  
information, please speak  
to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame  
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur  
Dioxide



Molluscs