

Weekly Menu

Lunch Menu – Week 1 W/C 31/8, 21/9, 12/10, 16/11, 7/12



Clifton Lodge

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tasty
MAINS

Macaroni Cheese

Cumberland Pork or
Chicken Sausage(h)
with Gravy

Mild beef Chilli
Cooked with
Five beans

Roast Chicken with
Gravy

Fish Fingers or Home-
Made Fish Pie

VEGGIE
Lovers

Broccoli & Cauliflower
bake topped with
Lentils & Breadcrumbs

Vegetarian Sausage
with Gravy

Five Beans Meat Free
Chilli

Spanish Omelette with
Grilled Vegetables

Cornish Cheese &
Onion Pastry

on the
SIDE

Green Beans
Steamed Sweetcorn

Mash Potato
Carrots & Broccoli

Cumin Rice
Cauliflower
Spring Green

Rustic Potatoes
Kale
Roasted Parsnip

Chunky Chips
Baked Beans
Peas

yummy!
PUDS

Yoghurt With Fruit
Compote

Carrot & Sultana cake

Yoghurt with mixed
Berries

Mango Sorbet

Mixed Fruit Plater

**AVAILABLE
EVERYDAY**

Salad Bar

Freshly hand
prepared daily.

**FRESHLY
BAKED BREAD**

**FRESH FRUITS
& YOGHURTS**



For allergen & nutritional
information, please speak
to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

Weekly Menu

Lunch Menu – Week 2 7/9, 28/9, 2/11, 23/11,
14/12



Clifton Lodge

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tasty
MAINS

Pasta Cooked with
Broccoli & Peas

Brown Bap Stuffed with
Roasted Chicken
Breast

Cottage Pie topped
with Mash

Butter Chicken Curry
With Roasted
Vegetables

Jumbo Fish Fingers or
White Fish Pie

VEGGIE
Lovers

Pasta Cooked with
Broccoli & Peas

Brown Bap Stuffed with
Grilled Halloumi &
Courgettes

Roasted Vegetable &
Butter Beans Pie

Vegetable & Chickpea
Masala

Grilled Aubergine
stuffed with Feta &
Olives

on the
SIDE

Green Beans &
Courgettes

Corn on the Cob
Rainbow Coleslaw

Roasted Mixed Pepper
Broccoli

Rice
Spring Greens
Carrots

Potato Wedges
Baked Beans & Peas

yummy!
PUDS

Yoghurt with Fruit
Compote

Strawberry Jelly with
Mixed Fruits

Fruity Victoria Sponge

Yoghurt with Fruits

Mixed Fruit Salad

**AVAILABLE
EVERYDAY**

Salad Bar

Freshly hand
prepared daily.

**FRESHLY
BAKED BREAD**

**FRESH FRUITS
& YOGHURTS**



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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

Weekly Menu

Lunch Menu – Week3 14/9, 5/10, 9/11, 30/11



Clifton Lodge

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tasty
MAINS

Grilled Vegetable &
Tomato Pasta Bake with
Five Beans

Sticky BBQ Roast
Chicken

Beef Lasagna with
Roasted Mixed Peppers

Chinese Five Spice
Chicken

Fish Fingers or Home-
Made Fish Cake

VEGGIE
Lovers

Roasted Vegetables &
Red Lentils Pie Topped
with Puff Pastry

Vegetable Paella

Green Lentil &
Vegetable Lasagna

Stir-fry Vegetables with
Egg Fried Rice

Cheddar & Roasted
Pepper Frittata

on the
SIDE

Butternut Squash
Broccoli

Couscous
Sweetcorn & Peas

Rice
Carrots
Green Beans

Egg Noodles
Spring Green
Roasted Cauliflower

Oven Chips
Baked Beans & Peas

yummy!
PUDS

Yoghurt with Fruit
Compote

Jelly & Cream

Yoghurt
With Fruits

Chocolate & Blueberry
Sponge

Mixed Fruit Platter

**AVAILABLE
EVERYDAY**

Salad Bar

Freshly hand
prepared daily.

**FRESHLY
BAKED BREAD**

**FRESH FRUITS
& YOGHURTS**



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Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs