



Drug and Alcohol Policy

1 Introduction

- 1.1 The aim of this Drug and Alcohol Policy is to acknowledge and clarify the school's role in drug prevention and education, and ensure it is appropriate to meet pupils' needs. This policy provides information about drug education, as well as procedures to respond to any drug-related incident.
- 1.2 This policy aims to ensure that the approach taken on the issue of drugs is a whole-school one and is part of our commitment to, and concern for, the overall health and well-being of the whole school community. Teachers will need to be confident and skilled to teach drug education and pupils need to receive up to date, relevant and accurate information, as well as support.
- 1.3 This policy should be read in conjunction with the policies and documents listed on the back page of this document.

2 Statutory Duties

- 2.1 Schools have a statutory duty to promote pupils' wellbeing and hence have a clear role in preventing drug misuse as part of their pastoral care. Although there is no statutory requirement to have a Drug Policy, it is the advice of the Department of Education (UK), and a requirement for all Cognita schools to have a clear procedure for managing any incidents related to drug and/or alcohol misuse. It is essential to protect staff, parent/carer(s) and children and young people.
- 2.2 The **UK** Statutory Framework for the Early Years Foundation Stage (2024) requires the following (para 3.22): 'Providers must not allow smoking, vaping or the use of e-cigarettes in or on the premises when children are present or about to be present.' While there is no specific requirement to hold a no-smoking policy per se, Cognita schools are required to continue to maintain as such. This includes offsite trips and visits. Furthermore, practitioners must not be under the influence of alcohol or any other substances which may affect their ability to care for children as per their Code of Conduct and the above statutory guidance (para 3.21).

3 Application

- 3.1 This policy applies to all pupils on roll at the school, including those in the Early Years. It applies when being educated in school, when on educational visits, and when off-site at school related events. This policy applies when pupils are travelling to and from school on public transport. Any responsibilities of 'adults' refers to employees and others acting in a supervisory role with pupils.
- 3.2 This policy also applies to all adults; staff, visitors, volunteers, and third-party contractors

4 Terminology

- 4.1 'Drugs' here are taken to mean those that are legal, such as alcohol, tobacco, Vapes/E-Cigarettes and solvents, over the counter and prescribed drugs, and illegal drugs such as cannabis (all associated forms, including, but not limited to edibles, THC pens etc), oral tobacco products e.g. snus, ecstasy, amphetamines, heroin, crack/cocaine, LSD, etc. 'Drugs' also include New Psychoactive Substances (NPS) often referred to as 'Legal Highs'.

5 The School's Stance on Drugs, Health, and the Needs of Pupils

- 5.1 Possession: It is inappropriate and unacceptable for pupils to **bring** the above drugs into school, have them on their person, consume them before, during and after school and on the way to or from school, including on school visits, etc. Cognita has a strict no smoking policy (including no vaping/e-cigarettes, oral tobacco products) on school sites. The drugs/substances covered by this policy are not to be purchased, sold, or otherwise exchanged during the school day between pupils or while pupils are on school visits.
- 5.2 Use: The school believes that the use of drugs in school, during the school day, while travelling to/from school or on school trips is inappropriate. Individual exceptions may be only made for pupils who require prescription medicines, where appropriate and with the agreement of the Headteacher in partnership with the child's parents. These arrangements will be recorded on the child's Medical Health Care Plan and regularly reviewed.

6 Policy Framework

6.1 Drugs Education

- The school provides drugs education in the following way:
As part of the PSHE programme of study. As part of the Health and Wellbeing unit of the PSHE Association curriculum, children are taught the following;

Year groups	Lesson title and objective	Learning opportunities from PSHE Association KS1 Programme of Study
1 and 2	<p>Lesson 1 <i>Keeping safe: Things that go into and on to bodies</i> Pupils learn about the things that go into and onto bodies and how this can make people feel</p> <p>Lesson 2 <i>Keeping healthy: medicines</i> Pupils learn about medicines and the people who help them to stay healthy</p> <p>Lesson 3 <i>Keeping safe: medicines and household products</i> Pupils learn rules about keeping safe around medicines and other household products</p>	<p>Health and wellbeing: Healthy lifestyles H1. about what keeping healthy means; different ways to keep healthy H6. that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy H10. about the people who help us to stay physically healthy Health and wellbeing: Keeping safe H29. to recognise risk in simple everyday situations and what action to take to minimise harm H31. that household products (including medicines) can be harmful if not used correctly H33. about the people whose job it is to help keep us safe Health and wellbeing: Drugs, alcohol and tobacco H37. about things that people can put into their body or on their skin; how these can affect how people feel</p>

Year groups	Lesson title and objective	Learning opportunities from PSHE Association KS2 Programme of Study
3 and 4	<p>Lesson 1 <i>Safety rules and risks: medicines and household products</i> Pupils learn about the safe use of medicines and household products</p> <p>Lesson 2 <i>Safety rules and risks: alcohol and smoking</i> Pupils learn that caffeine, cigarettes, e-cigarettes/vaping and alcohol can affect people's health</p>	<p>Health and wellbeing: Healthy lifestyles (physical wellbeing) H1. how to make informed decisions about health H3. about choices that support a healthy lifestyle, and recognise what might influence these H4. how to recognise that habits can have both positive and negative effects on a healthy lifestyle</p>
5 and 6	<p>Lesson 1 <i>Managing risk: medicines</i> Pupils learn how the correct use of medicines, and how vaccinations and</p>	<p>Health and wellbeing: Keeping safe: H10: how medicines, when used responsibly, contribute to health; that some</p>

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	<p>immunisations, can help to maintain health and wellbeing</p> <p>Lesson 2 <i>Managing risk: legal and illegal Drugs</i> Pupils learn about some of the risks and effects of (legal and illegal) drug use</p> <p>Lesson 3 <i>Managing risk: influences and pressure</i> Pupils learn about the reasons why people use drugs; managing situations and peer influence</p> <p>Lesson 4 <i>Managing risk: drugs and alcohol in the media</i> Pupils learn that mixed messages about drugs use in the media exist and that these can influence opinions and decisions</p>	<p>diseases can be prevented by vaccinations and immunisations; how allergies can be managed</p> <p>H40: about the importance of taking medicines correctly and using household products safely (e.g. following instructions carefully)</p> <p>Health and wellbeing: Drugs, alcohol and tobacco</p> <p>H46. about the risks and effects of legal drugs common to everyday life (e.g. cigarettes,e-cigarettes/vaping, alcohol and medicines) and their impact on health; recognise that drug use can become a habit which can be difficult to break</p> <p>H47. to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others</p> <p>H48. about why people choose to use or not use drugs (including nicotine, alcohol and medicines)</p> <p>H49. about the mixed messages in the media about drugs, including alcohol and smoking/vaping</p> <p>H50. about the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns</p> <p>Relationships:</p> <p>R28. how to recognise pressure from others to do something unsafe or that makes them feel uncomfortable and strategies for managing this</p> <p>Living the Wider World: Shared responsibilities</p> <p>L1. to recognise reasons for rules and laws; consequences of not adhering to rules and laws</p>
<p>Content for KS1-2 from the Department for Education’s statutory guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education</p> <p>Topic: Physical health and fitness</p> <ul style="list-style-type: none"> • how and when to seek support including which adults to speak to in school if they are worried about their health <p>Topic: Health and prevention</p> <ul style="list-style-type: none"> • about personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing <p>Topic: Drugs, alcohol and tobacco</p> <ul style="list-style-type: none"> • the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking. 		

- The school uses the following external support and guidance to deliver its drugs education programme:
Local Community Police Officer

6.2 Staff Support and Training

The school is committed to providing drug awareness/training on an ongoing needs-led basis for staff involved in drugs education and safeguarding. All new staff are required to read this policy within their induction.

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6.3 Management of an Incident

- Where there is evidence or suspicion that a pupil has drugs in their possession, has used drugs or has passed/sold on drugs to another person, the school will initially seek medical attention for the child (ren) if needed as per 7.3.
- The school will follow its Behaviour and Exclusion Policies and may also use its power to search, screen or confiscate items from a pupil (see use of Reasonable Force, Search, Screen and Confiscate Policy). Sanctions will be applied as outlined in the Behaviour and Exclusion Policies.
- Where it is believed that a parent or carer is under the influence of drugs (including alcohol) on the school premises, they will be asked to leave. If they are due to collect their child, and/or are attempting to drive their child home, and present as being under the influence of drugs (including alcohol), the child will be withheld in school to ensure their safety. Children will not be allowed to walk home to be cared for their parent, if there have been concerns that the parent/carer is under the influence of drugs. The parent or carer will be asked to make alternative arrangements for collection and ongoing supervision of their child (ren) in the home.
- If a parent or carer refuses to leave, and/or displays verbal or physical behaviour that is aggressive or intimidating, the Headteacher or their representative will call the Police.
- Where there are serious or ongoing concerns about the adult's presentation and drug use, the school may consider banning a parent from entering the school site.
- See Appendix B – Responding to incidents involving drugs.

6.4 Police and Emergency Involvement

- The school will immediately refer illegal or unlawful incidents to the Police.
- See Appendix A for guidance on drug situations linked to medical emergencies.

6.5 The Needs of Pupils

The school will exercise its pastoral responsibilities and always look to support pupils and ensure that pupils have access to appropriate support and guidance.

6.6 Information Sharing

If the school has concerns about a child's safety, the school will share information with law enforcement agencies and safeguarding agencies as outlined in the Safeguarding Policy. This includes working in partnership with external agencies.

6.7 Involvement of Parent/Carer(s)

The school will inform parents and carers of any drug related incidents involving their own child, unless in very rare circumstances this would heighten the risk to the child.

6.8 Staff Conduct and Drug Use

All staff are required to adhere to this policy and the Staff Code of Conduct. Staff are subject to the Cognita disciplinary and other HR procedures should they breach policy. Where it is believed that a staff member is under the influence of drugs (including alcohol) on the school premises, they will be asked to leave. If a staff member refuses to leave, and/or displays verbal or physical behaviour that is aggressive or intimidating, the Headteacher or their representative will call the Police.

6.9 The Role of the Headteacher

- The Headteacher takes overall responsibility for the implementation of this policy.
- The Headteacher will ensure that all staff dealing with substance issues are adequately trained and supported.
- Cognita cannot knowingly allow premises to be used for the production or supply of any controlled drug. Where it is suspected that substances are being produced, sold or stored

on the premises (by pupils or staff), details of those involved, together with as much information as possible, will be automatically passed to the Police.

7 Implementation of this Policy

- 7.1 Schools are strongly advised to adopt the procedures set out in [DfE and ACPO Drug Advice for Schools \(DFE-00001-2012\)](#) when dealing with incidents involving substance misuse or supply on the premises/during the school day or during school trips and visits, etc.
- 7.2 The Headteacher should ensure that all staff, parents/carers and pupils are reminded of these procedures on an annual basis.
- 7.3 Situations requiring first aid will be dealt with immediately as per the school's agreed policies and procedures. Information about emergency help for people who have had a bad reaction to drugs can be found at <http://www.talktofrank.com/emergency-help>.
- 7.4 In cases of substance misuse or supply on the premises during the school day or during school visits, medical attention will first be sought where needed as per 7.3. At an appropriate time, the case will be discussed with the young person and a written record taken (see Appendix C). Parents/carers will be informed by the Headteacher as soon as possible following an incident. The support of outside agencies will be sought if appropriate, including making referrals to children's Social Care if risk of harm/actual harm is identified for the child misusing/dealing drugs.
- 7.5 While there is no legal obligation to inform the Police, they may be involved at the discretion of the Headteacher in consultation the Regional Safeguarding Lead (RSL), and the General Manager/Managing Director (GM/MD) (Pod). The school will consider each incident individually and will employ a range of responses to deal with individual incidents. The Headteacher will inform the Regional Safeguarding Lead (RSL), and the General Manager/Managing Director (GM/MD) (Pod) in relation to all drug-related incidents. A Serious Incident Referral Form is to be completed for all incidents related to illegal drugs. Other incidents, taken on a case-by-case basis, may also require a SIRF, as directed by the RSL/Head of Health and Safety.

8 Specific Procedures

8.1 Dealing with Information and Confidentiality

- Schools are an important source of support for pupils experiencing problems with drugs and must ensure that all staff (teaching and non-teaching) understand the limits of confidentiality, balancing the desire to maintain confidentiality and support the young person with the duty to safeguard and promote the welfare of the young person and others. The school Safeguarding and Child Protection Policy and Procedures must be followed. Staff cannot and must not promise confidentiality to the pupil.
- There are important reasons why personal and sensitive information needs to be shared in relation to child protection (e.g. when working with the Police, referral to external agencies, etc.). Data protection legislation, namely, the General Data Protection Regulation (2016, UK) (as amended, extended or re-enacted from time to time) and the Crime and Disorder Act (1998, UK) allow personal information to be shared if there is an over-riding public interest in the first instance, or to prevent crime and disorder in the second. However, in assessing the suitability of sharing information, all efforts should be made to encourage the young person to give their informed consent. If a decision is taken to share confidential information, a written record of any concerns, including the reasons for breaching a pupil's confidentiality, must be made.
- The following questions should also be considered:
 - How serious is the situation?

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- What immediate and significant risk does the young person face?
- What implications (both positive and negative) could keeping/breaking a confidence have?
- Could there be a transfer of risk to other children?
- Could significant harm result from keeping the young person's disclosure confidential?
- If a confidence needs to be broken, the school should explain to the young person (and parents/carers as appropriate): why the confidence was broken, who will be/has been informed, what will be/was disclosed, how the information will be used and that their privacy will be respected.

8.2 Parental Substance Misuse

- Parental substance misuse has the potential to impact negatively on outcomes for children and young people. 'Hidden Harm: Responding to the Needs of Children of Problem Drug Users' (2011) estimated that 2-3 per cent of children are affected by problematic parental substance use. This estimate only covers parents with serious dependencies on heroin and crack cocaine and does not account for children affected by alcohol or other drug use in the household.
- Substance use in itself is not a reason for considering a child to be suffering or at risk of suffering significant harm, although it may be a contributing factor.
- The DSL or Headteacher will liaise with the Police and/or external agencies where required (see Safeguarding Policy).

8.3 Legal Drugs

The Police will not normally need to be involved in incidents involving legal drugs, but schools may wish to inform trading standards or Police about the inappropriate sale or supply of tobacco, alcohol, e-cigarettes/vapes, some oral tobacco products, or volatile substances to pupils in the area.

8.4 Controlled Drugs (including New Psychoactive Substances)

In taking temporary possession of suspected controlled drugs, the school will:

- Ensure that a second adult witness is present throughout;
- Seal the substance in a plastic bag and include details of the date and time of the seizure/find and the witness present;
- Store it in a secure location, such as a safe or other lockable container with access limited to senior members of staff. DO NOT dispose of the substance since disposal can now only be done by the constabulary;
- Notify the Police without delay, who will collect it and then store or dispose of it in line with locally agreed protocols. The law does not require a school to divulge to the Police the name of the pupil(s) from whom the drugs were taken but the Police advise that this is disclosed. The school should determine their position on this in advance to ensure consistency of approach;
- Record full details of the incident, including the Police incident reference number if they are involved;
- Inform parents/carers;
- Identify any safeguarding concerns and respond appropriately (see Safeguarding Policy); and
- If there is a significant seizure of a suspected illegal substance, schools should inform the Police at an early stage and take steps to minimise handling to aid future forensic investigations.

8.5 Searching, Screening and Confiscations

[DfE guidance](#) (UK) states that: school staff can search a pupil for any item if the pupil agrees, noting that the ability to give consent may be influenced by the pupil's age or other factors.

Headteachers, and staff authorised by them, have a statutory power to search pupils or their possessions without consent *where they have reasonable grounds for suspecting that the pupil may have a prohibited item*. Prohibited items include, but are not limited to alcohol, cigarettes/vapes, oral tobacco products, and illegal drugs. The law says that the person conducting the search may *not* require the pupil to remove any clothing other than outer clothing, and no intimate searches must ever be done. Please see the Use of Reasonable Force, Searching, Screen and Confiscation Policy.

8.6 Use of External Input

- Children and young people often find visitors to school a useful and informative part of their learning, but equally research suggests that for visits to be successful there should be a shared understanding about the nature and content of the session/s. Government guidance is that schools should exercise caution with the use of visitors as there is some evidence that particular messages can have a detrimental impact on young people's intentions to resist using drugs including alcohol. Particular caution should be used when visitors have had first-hand experience of problematic drug use
- Schools should ensure that visitors are appropriately qualified and trained to deliver work with children and young people in a school setting. They should also be aware of good practice that recommends the avoidance of shocking images and inappropriate descriptions or approaches towards drug use, have a clear understanding of the aims and objectives of the session and have seen and understood this policy.
- Visitors must be briefed on any particular sensitivities and/or vulnerabilities that there may be in the pupil group – these may include identified drug issues by particular pupils or their families – as well as any broader needs within the group. Teachers should negotiate the content of the session which is linked to the broader drug education and RSE/PSHE delivered by the school and relevant to the identified needs of the pupils. Visitors should be made aware by the teacher about the school's protocols for dealing with any disclosures or distress shown by pupils during the session.
- Teachers should be present at all times when such a visitor is in the class and be ready to be an active participant in these sessions. They should ensure that they reflect on the learning from particular sessions with pupils and visitors, assessing the learning, and building skills to support and enable pupils to make healthy choices and to avoid risk-taking behaviour. Teachers should follow-up any unresolved issues or concerns and extend the learning begun by the visitor.
- The Visiting Speaker's form must be completed prior to any visitor running a session. This enables the school to undertake and have a record of their due diligence. Any concerns that arise must be discussed with the visiting speaker prior to final booking.

9 **National Support and Advice from Organisations**

- Drinkline: A free and confidential helpline for anyone who is concerned about their own or someone else's drinking: 0800 917 8282.
- Family Lives: A charity offering support and information to anyone parenting a child or teenager. It runs a free-phone helpline and courses for parents: 0800 800 222.
- FRANK: National drugs awareness campaign to raise awareness among young people and their parents/carers: www.talktofrank.com. Schools can receive free resources, updates, newsletters etc.
- Smokefree: NHS stop smoking support: www.nhs.uk/smokefree.
- FRANK: Advice on what to do to help someone who's having a bad reaction to drugs: www.talktofrank.com/emergency-help.
- Resuscitation Council (UK): Guidelines for resuscitation procedures: www.resus.org.uk/pages/GL2010.pdf.

Appendix A : Drug situations – medical emergencies

The procedures for an emergency apply when a person is at immediate risk of harm. A person who is unconscious, having trouble breathing, seriously confused or disorientated or who has taken harmful toxic substance, should be responded to as an emergency.

The main responsibility is for the pupil at immediate risk, but you also need to ensure the well-being and safety of others. Put into practice your school's first-aid procedures. *If in any doubt, call medical help.*

Always:

- assess the situation
- if a medical emergency, send for medical help and ambulance

Before assistance arrives

If the person is conscious:

- ask them what has happened and to identify any drug used
- collect any drug sample and vomit for medical analysis
- **do not** induce vomiting
- **do not** chase or over-excite them if intoxicated from inhaling a volatile substance
- keep them under observation, warm and quiet

If the person is unconscious:

- ensure that they can breathe and place in the recovery position
- **do not** move them if a fall is likely to have led to spinal or other serious injury which may not be obvious
- **do not** give them anything by mouth
- **do not** attempt to make them sit or stand
- **do not** leave them unattended or in charge of another pupil
- notify parents/carers

For needle stick(sharps) injuries:

- encourage wound to bleed. **Do not** suck. Wash with soap and water. Dry and apply waterproof dressing
- if used/dirty needle seek advice from a doctor

When medical help arrives

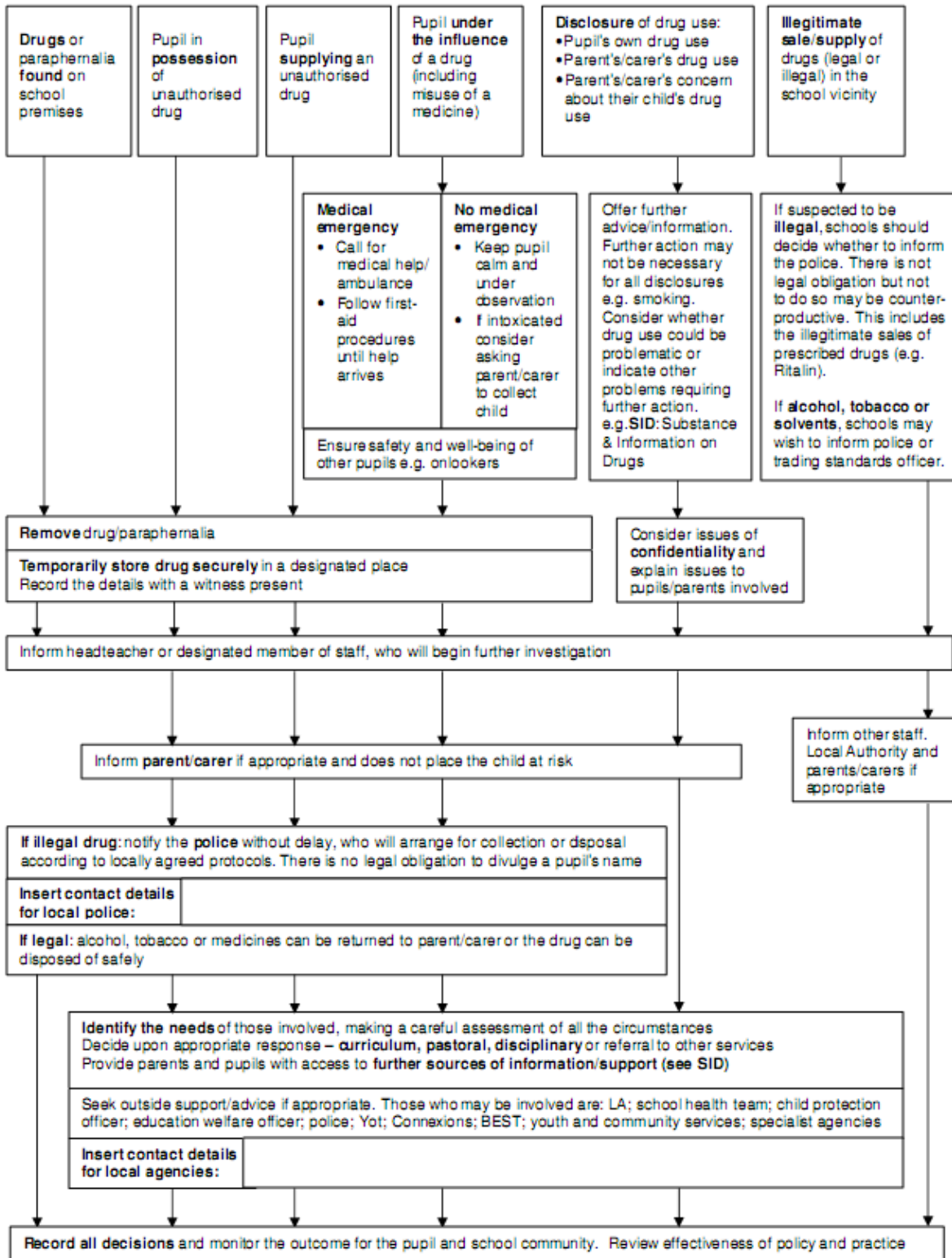
- pass on any information available, including vomit and any drug samples

Complete a medical record form as soon as you have dealt with the emergency.

This form is based on Appendix 9 of *Drugs: guidance for schools*.

"Drugs" refers to all drugs including medicines (prescription and "over the counter"), volatile substances, alcohol, tobacco and illegal drugs

APPENDIX B: Responding to incidents involving drugs



Appendix C: Record of incident involving unauthorised drug

- 1 For help and advice, telephone the LA
- 2 Complete this form **WITHOUT** identifying the pupil involved
- 3 Copy the form
- 4 Send the copy within 24 hours of the incident to the LA
- 5 **KEEP** the original, adding the pupil's name and form – store securely

Tick to indicate the category:

- | | | | |
|--|--------------------------|--|--------------------------|
| Drug or paraphernalia found ON school premises | <input type="checkbox"/> | Pupil disclosure of drug use | <input type="checkbox"/> |
| Emergency/intoxication | <input type="checkbox"/> | Disclosure of parent/carer drug misuse | <input type="checkbox"/> |
| Pupil in possession of unauthorised drug | <input type="checkbox"/> | Parent/care expresses concern | <input type="checkbox"/> |
| Pupil supplying unauthorised drug on school premises | <input type="checkbox"/> | Incident occurring OFF school premises | <input type="checkbox"/> |

Name of pupil * :	Name of school:
Pupil's form * : (*for school records only)	Time of incident:: am/pm
Age of pupil: MALE / FEMALE	Date of incident:
Ethnicity of pupil ** :	
Tick box if second or subsequent incident involving same pupil	Report form completed by:

First Aid given? YES NO

Ambulance/Doctor called? YES NO
(Delete as necessary)

First Aid given by:

Called by: Time:

<p>Drug involved (if known): (eg. Alcohol, paracetamol, Ecstasy)</p>	<p>Drug found/removed? YES / NO</p> <p>Where found/seized:</p> <p>Name and signature of witness:</p> <p>Disposal arranged with (police/parents/other):</p> <p>.....</p> <p>At time:</p> <p>If police, incident reference number:</p>
<p>Senior staff involved:</p>	

Name of parent/carer informed * :	(* for school records only)
Informed by:	At time:

Brief description of incident (including any physical symptoms):
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Other action taken: (e.g. Connexions or other agency involved, Educational Psychologist report requested, case conference called, pupils/staff informed, sanction imposed, LA/GP/Police consulted)
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Related documentation	Safeguarding and Child Protection Policy Behaviour Policy Suspension, Expulsion and Removal in Other Circumstances Policy SEND Policy Complaint Procedure Educational Visits Policy Health and Safety Policy Curriculum Policy, including PSHEE Code of Conduct Use of Reasonable Force, Screening, Searching and Confiscation Policy